1. Vaccinating as many people as possible is the only way to end this pandemic. Without a vaccine, the pandemic could go on for two to three more years or longer.

2. Anyone 12 and older can now get vaccinated. Find out how at aah.org/vaccine.

3. We encourage our patients and communities to get the first vaccine available to them and not wait.

4. The benefits of receiving the COVID-19 vaccine far outweigh the risk.

5. The FDA and CDC have concluded that the Pfizer, Moderna and Johnson & Johnson vaccines are safe and effective. After a thorough safety review of the Johnson & Johnson vaccine, the FDA and CDC concluded the blood clot events experienced by a small number of individuals are extremely rare.

6. Many people who receive the vaccine report side effects including pain at the injection site, tiredness, headache, muscle pain, chills, joint pain, nausea and fever. These side effects often indicate a person’s immune system is responding properly to the vaccine.

7. The Pfizer vaccine is administered in two doses given no less than 21 days apart. The Moderna vaccine is administered in two doses given no less than 28 days apart. It’s important to get both doses to ensure full protection. The Johnson & Johnson vaccine is administered in one dose.

8. Once you’re fully vaccinated, you can start doing more of the things you stopped doing because of the pandemic. Still, even after receiving the vaccine, you should continue to wear masks and practice social distancing in certain settings. Hand-washing is also important. It’ll take time to immunize enough of the population to stop the virus from spreading, so we’ll need to continue these safe practices for now. Learn more at cdc.gov.

9. Our top priority is to administer the vaccine safely and equitably.

10. Our Safe Care Promise provides additional measures at all of our locations to protect you and our team members. In person or online, we’re here for you.