Johnson & Johnson vaccine pause: What you need to know

- Following the guidance from the FDA and CDC, out of an abundance of caution, we are pausing administration of the Janssen (Johnson & Johnson) vaccine following six reported U.S. cases of a rare and severe type of blood clot in individuals after receiving this vaccine.

- Currently, these adverse events appear to be extremely rare – six cases out of 6.8 million doses – and the CDC and FDA have asked for this temporary pause pending further review of these cases.

- All six cases involved women between the ages of 18 and 48, and symptoms occurred 6 to 13 days after vaccination.

- People who received the J&J vaccine within the last three weeks should contact their health care provider if they experience any of the following symptoms:
  - severe headache
  - abdominal pain
  - leg pain
  - shortness of breath

- Until further direction from the FDA and CDC, we will only be offering our patients the Pfizer and Moderna two-dose vaccines.

- We strongly encourage patients to receive one of those vaccines as soon as they can as vaccination is our way out of this pandemic.