Thanks to you, 2022 was a successful year as we distributed more than $21 million to countless programs across our organization providing patients, teammates and our communities with resources, programs and innovations that would not have been possible without philanthropy.

The enclosed report highlights some of the ways donors like you helped bring our vision of helping people live well to life this past year. Your gifts are making a lasting impact on those we serve. Thank you for the countless ways you support us and the difference that is made because of your generosity.

With gratitude,

Randy Varju, FAHP, CFRE
President, Advocate Health Care Charitable Foundation
President, Aurora Health Care Foundation

After a few challenging years, 2022 brought with it exciting changes. In November, we announced our combination with Atrium Health to create Advocate Health, the fifth largest health care nonprofit health system in the country. This collaboration means a bright future is ahead for our organization and the lives of more than six million patients we serve. Together, we will be able to advance our efforts around health equity, invest in cutting-edge technology and further improve patient care and safety.

Although our footprint has grown, our commitment to providing high-quality care in our local communities is unwavering. No matter our size, donors like you will always be critical partners, helping us do so much more than we could possibly do on our own. We are grateful for your partnership. The future is bright with you alongside us.

Sincerely,

Cristy Garcia-Thomas
President of the Advocate National Center for Health Equity
Chief Diversity, Equity and Inclusion Officer

WHAT AN IMPACT WE’VE MADE TOGETHER
YOUR 2022 IMPACT

$2.4 billion provided in community benefits

OVER $9.7 million contributed by Visionaries in Health* donors
*Visionaries in Health are individuals who have given $1,000 or more during the calendar year

MORE THAN $1 million distributed to health care workers facing a personal financial crisis through the Team Member Crisis Funds

OVER $21 million distributed to support and enhance vital programs and resources

MORE THAN $4 million supported health equity efforts across Illinois and Wisconsin

MORE THAN $2.4 million funded research, such as cancer care, Alzheimer’s and COVID-19

153 runners ran the Bank of America Chicago Marathon on behalf of Team Advocate, raising more than $300,000 for causes important to them

OVER $2.3 million raised through the Team Member Giving Campaign supporting vital funds and community charities

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Serving patients when and where they need us

Our community health work is driven by a vision we call Well Community: a commitment to provide compassionate, holistic care to people who are vulnerable and would otherwise lack access to essential services. As the backbone of our Well Community approach, our signature focus is to provide access to care for people with disproportionate unmet health needs. Through a variety of initiatives, we help people in underserved populations establish a “health home” for high-quality care on an ongoing basis.

With donor support, our team of community health workers has continued to expand its reach across Illinois and Wisconsin. With the help of donors:

- Community Health workers continue to expand services by adding more teammates that connect patients to mental health programming, provide bilingual services, remove and reduce barriers to care such as transportation issues and more.
- In partnership with Ronald McDonald House Charities, the Ronald McDonald Care Mobile mobile units treated 2,361 people and provided nearly 4,425 immunizations and 1,209 physicals for children in Illinois.
- The mobile health team provided 3,292 in-home and mobile community COVID-19 and flu vaccinations for the Chicago at Home Program.
- The community health team prepared the mobile health team in Wisconsin for a 2023 start up.
- The mobile health team also launched the Heart and Soul program, which is a collaboration between Aurora Community Health and Faith and Health Partnership. Participants attend monthly sessions in their community covering topics such as healthy eating, staying active, spiritual care practices to help cope with stress, as well as blood pressure monitoring and consultation with a nurse practitioner.

“Your giving empowers us to bring health and health care services directly into the community, where people feel most comfortable and where they are surrounded by people who care for them. For some, our mobile health providers can be the nudge someone needs to get to their regular doctor.”

– Ann Christiansen, Vice President of Community Health
We’re so grateful for this gift. These funds mean more people have access to this program. It’s so much more convenient for our patients to be able to check their blood pressure at home. They have jobs and families, and they can’t always leave to have follow-up appointments at the clinic.

– Lupe Trejo Alanis, Registered Nurse, Aurora Walker’s Point Community Clinic

Because of your support:

Over 51,000 pounds of healthy food was provided to more than 1,100 patients being treated for nutrition-related illnesses and facing food insecurity through the Healthy Living Food Farmacy program at Advocate South Suburban Hospital and Advocate Trinity Hospital.

The Sexual Assault Nurse Examiner (SANE) program expanded to Aurora Medical Center in Grafton, which provides survivors of sexual assault and domestic violence with critical resources to heal from their trauma. Thanks to this program, more than 1,700 survivors received trauma-informed care at sites across Illinois and Wisconsin.

More than 1,500 survivors of intentional violence were served by the Trauma Recovery Program in Illinois, a health care-based violence intervention program that provides social and behavioral health services, individual and group therapy and psychiatric consultation.

Your gifts help high-risk patients control their blood pressure from the comfort of home

Hypertension, or high blood pressure, is often called a “silent killer” because it may not show symptoms initially. If left untreated, it could cause serious harm to the kidneys, heart, brain and other organs.

Aurora Walker’s Point is the largest free clinic in Wisconsin, and serves a largely Hispanic population, who have some of the highest prevalence of poorly controlled blood pressure in the United States. A few years ago, our staff changed how they treat hypertension by offering blood pressure monitors our patients that can be used at home.

When a patient is referred to receive a blood pressure monitor to use at home, they schedule a visit with Lupe Trejo Alanis, a registered nurse at Aurora Walker’s Point Community Clinic in Milwaukee.

“It’s a lengthy visit because there’s a lot of teaching involved. We don’t just give them the monitors and send them home. We make sure the machine is working properly and educate patients about high blood pressure and possible complications. We talk about risk factors we can control, like nutrition and exercise, as well as those we can’t, like age and family history.”

Now the Self-Monitoring Blood Pressure program is expanding thanks to memorial gifts honoring the late Dr. Stuart Fine, a volunteer urologist at the clinic who passed away in 2019.

Over 30 new participants joined Team Phoenix, a Milwaukee-based breast cancer survivorship program that helps patients regain endurance, strength, flexibility and overall wellness after cancer treatment and culminates in participants completing a mini-Triathlon.

More than $450,000 was distributed to support the Advocate Workforce Development program, an effort to engage, recruit and train people from economically distressed communities to build a career in health care.

The Mobile Dental Van served 430 low-income children and families, people experiencing homelessness, older adults and persons with special needs.

The Special Needs Dentistry program had 1,876 visits, serving 1,490 persons with special needs.

Camp Bear Hugs, a free two-day grief support camp for children, expanded into Wisconsin teaching campers healthy coping skills as they create a memory bear made of clothing from their lost loved one.
Helping patients with Down syndrome live their best lives

The Adult Down Syndrome Center is one of the few primary care clinics in the world devoted to adolescents and adults with Down syndrome. Believing all individuals are worthy and deserving of compassionate health care, we are committed to enhancing the well-being of adolescents and adults with Down syndrome. Our mission is to enhance their lives by providing comprehensive, holistic, community-based care and services using a team approach.

In 2020, a loyal supporter of the Adult Down Syndrome Center pledged to donate a matching gift of up to $2.75 million launching a $5.5 million campaign. Thanks to the generosity of donors, the center successfully completed the campaign in 2022. The funds raised will help the center expand patient care, education and research. To date, the following has been achieved:

- Added a third family medicine physician.
- Welcomed a new social worker to help provide behavioral health services to patients and their families.
- Facilitated nearly 350 virtual group meetings for over 100 individuals with Down syndrome.
- Providers at the center presented over 30 webinars and in-person seminars to individuals with Down syndrome, families, caregivers and health care professionals throughout the U.S. and world.
- Conducted more than 40 research visits for 56 enrolled LIFE-DSR participants, an observational study to collect medical history, physical exam, blood samples (to assess biomarkers), and cognitive assessment (memory, language, etc.) data of adults with Down syndrome, helping researchers better understand this group of individuals and changes associated with aging and Alzheimer’s disease.

The success of the campaign would not have been possible without the generosity of our donors. We are humbled and deeply grateful to have such a dedicated group of supporters, advocates and friends to help us do what we love—serve, support and learn with the Down syndrome community!

– Brian Chicoine, MD, Medical Director, Adult Down Syndrome Center
Predicting the critical needs of our pediatric patients, with your help

In 2022, with the help of philanthropy, the Busking Family Cardiac Intensive Care Unit at Advocate Children’s Hospital in Oak Lawn enhanced care through new technology – The Etiometry Platform. The Etiometry Platform is software that provides physicians and care teams better visualization and analysis of patient vitals in real time, while also utilizing data to anticipate the trajectory of patients, ultimately allowing providers to better manage the complex conditions of ICU patients.

This technology helps our team better care for and improve outcomes for Advocate Children’s most critical patients, and gives caregivers additional peace of mind that their loved ones will receive the care they need, exactly when they need it.

“Thanks to your generosity this new technology is allowing us to make sophisticated, real-time decisions based on multiple data trends that can be analyzed simultaneously, resulting in improved outcomes for the children we care for.”

– Michael Earing, MD, Section Chief and Co-Director of Advocate Children’s Hospital Heart Institute

Because of your support:

More than $635,000 funded education and professional development opportunities for teammates, nurses and physicians.

Over $5 million was used to purchase new equipment, supplies and facility enhancements that assist in providing care for our patients.

Over 1,800 integrative medicine therapies, such as massage and acupuncture, were provided to cancer patients at free and reduced costs across the organization.

Healing Gardens at several hospitals were enhanced, including the addition of a beehive at Advocate Sherman Hospital.

The GE VScan Air, a portable, pocket-sized ultrasound unit for emergency medicine providers in Marinette, Wisconsin and surrounding rural communities was purchased, allowing more advanced assessments and interventions to be made during emergency transport.

Advocate Lutheran General Hospital expanded and renovated its Cardiac Rehabilitation Center.

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You’re making discoveries in care happen

It’s no secret that receiving funding for research can be difficult, but with the help of donors like you, innovative research is happening across Illinois and Wisconsin, within the walls of our clinics and hospitals across our communities. In 2022, nearly $2.4 million in foundation funds were distributed to support research within our organization in areas such as health equity, cancer, Alzheimer’s disease, heart disease and more.

In addition to analyzing data, our researchers are also focused on ways we can better involve and engage the diverse communities we serve in research projects within our organization and beyond. In particular, researchers are conducting studies to understand why certain groups of individuals are less likely to participate in clinical trials. Engaging with individuals in these communities and asking questions to develop a deeper understanding of the perceptions and beliefs they have toward health care also gives researchers the opportunity to provide education on the importance of participating in trials. Once complete, our researchers plan to share key learnings, which will help make research more engaging, accurate and valuable for all patients across the country.

“Without the support of donors, we can’t do this important work. You are our partners in moving research and discoveries in health care forward, helping us close the gap in funding. We are so thankful for the decades of generous donor support that have made this possible.”

– Amit Acharya, Phd
President, Advocate Aurora Research Institute; Chief Research Officer and System Vice President, Advocate Aurora Health

Because of your support:

- **Aurora St. Luke’s Medical Center** received an **Exoskeleton**, a wearable device that helps patients rehabbing from neurological conditions such as strokes or multiple sclerosis gain strength.

- **Advocate Lutheran General Hospital** received the **ION robotic assisted bronchoscopy tool** to conduct minimally invasive lung biopsies which will lead to lung cancer diagnosis earlier and with greater accuracy.

- **526 research projects** were active across the system in 2022.
Free Thanksgiving meals were offered to hundreds of local families through the Family to Family Thanksgiving program.

“Because of your generosity, our family was able to enjoy a heavenly Thanksgiving meal. The kids’ shopping experience was enjoyable, choosing the items, assisting with the decision-making. My girls loved being in the kitchen learning the true meaning of being thankful to cook and enjoy such a meal. We thank you for giving us the pleasure.”

– Anonymous

Advocate Good Samaritan Hospital’s SHARE Perinatal Support Services provides families experiencing loss through miscarriage, stillbirth, early infant death or SIDS with support groups and resources to help cope with their grief. SHARE is 100% funded by charitable donations.

“It means the world to us to have this program funded by sympathetic people who want help. We couldn’t be more thankful for the SHARE program. We continue to go monthly, and it’s been eight years since our loss.”

– Becky, bereaved mother of Nathaniel and member of the SHARE program at Advocate Good Samaritan Hospital

The Culver Alumni House, located on the Aurora Behavioral Health campus in Wauwatosa, Wisconsin is a transitional living facility for up to eight residents recovering from addiction. Scholarships, which are funded by philanthropy, are available for residents to apply toward their tuition.

“I was floored every day I was living at the Culver Alumni House thinking that people are giving money for me to be here. They don’t know me, but they care enough to save me. Living in the Culver Alumni House was an essential stage in my recovery, and it would not have been possible without donors.”

– Garret, former Culver Alumni House resident

Hope Shining Blue is a high-energy evening celebrating healing and resilience of survivors of sexual and domestic violence. The annual event raises funds for Aurora Healing and Advocacy services that offers emergency and recovery resources for survivors at no cost.

“Telling my story and talking to others who have had similar experiences is powerful, and it’s helped me with my healing journey. I’m so grateful to the healing center for helping me heal and thrive so I can make a difference. I’m also grateful for all they do to support other survivors like myself.”

– Kat, sexual assault survivor, 2022 Hope Shining Blue Honoree
To learn more about how Advocate Health Care Charitable Foundation and Aurora Health Care Foundation are impacting care for your family, friends and neighbors, please contact giving@aah.org or visit aah.org/foundations.